

fostering

parent and child

maethu
cymru

foster
wales



Keep families together

Give children the best chance to stay with their parents.

Could you open your home to a parent - or parents - and their baby, and give them the safe, supportive start they need to grow together?

what is parent and child fostering?

Parent and child fostering is a specialist type of fostering. Instead of looking after just a child, you welcome both a parent – sometimes both parents – and their baby into your home.

It's not about taking babies away. It's about keeping families together.



For around 12 weeks, you provide a safe and calm environment where parents can:

- Learn to care for their baby in everyday life
- Build routines and confidence
- Strengthen their emotional bond with their child
- Gain the life skills and support network they need to move forward

the aim

For the parent and child to leave your home together, stronger, and with the confidence to build a future as a family.

“First off, you need to get their trust. You start slowly by looking after the mums so they can do the same for their babies. When they come home from hospital, they are tired, so you cook meals for them, help them to have a rest and show them you care.”

Foster Wales Foster Carer



why is it needed?

We aren't born knowing how to be parents. Most of us learn from our own families, or with support from friends in those early days. But what if you didn't have that?

Some parents in need of support may have:

- Grown up in care themselves
- Experienced domestic abuse
- Faced challenges such as addiction, poor mental health, or learning needs
- Had children removed in the past and now want to do things differently

The parents want to learn. They want to stay together. They deserve the chance to show they can be the best parent for their child.

Breaking down barriers

Society can be quick to judge – especially young mothers, single parents, or those who've faced challenges. Many carry the weight of stigma before they've even had a chance to prove themselves. Parent and child fostering provides the opposite:

a safe, supportive space where parents can learn, grow, and build a future with their child.



it takes a special kind of carer

This type of fostering is hard work. Parents may not always show gratitude. They might be defensive, unsure, or resistant at first. But with patience and empathy, you can help them gain confidence and stability.

Your role is to offer scaffolding: supporting where needed, stepping back when possible. Some parents might know the basics of feeding and care but struggle emotionally because of trauma. Others may need more practical guidance. Whatever the starting point, you're there to help.

the reward

Watching a parent grow in confidence, a child bond with their parent, and a family given the best chance to stay together.

could you help keep a family together?

Parent and child fostering is one of the most challenging types of fostering – but it's also one of the most rewarding. With your guidance, parents can leave with the skills, knowledge, and support network they need to give their child the best possible start in life.

You'll receive:

- Full training and ongoing support
- 24/7 advice whenever you need it
- Financial allowances to support you in your role.

Most importantly, you'll be giving children the chance to stay with the people who love them most - their family.



Contact your local Foster Wales team:

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☎ 01291 635682 ✉ familyplacement@monmouthshire.gov.uk

Foster Wales Newport

☎ 01633 656615 ✉ fostering@newport.gov.uk

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